

# GLOBAL PARTNERS FOR CHILD HEALTH

2017 ANNUAL REPORT





Global Partners for Child Health strives to improve maternal-child-newborn health in underserved areas, with our current focus being rural Nepal. Our project continues to grow in size and scope, and we feel that our efforts are providing women and newborns with high quality care throughout pregnancy, labor, delivery and the postpartum period. It has been a privilege to strengthen our relationships with communities known to us, as well as to establish connections in other regions of Nepal.

All of your support makes this work possible. Thank you very much for helping us make it happen. We also are greatly appreciative of the communities in which we work. Their perseverance, dedication, and passion further inspire us to carry out these efforts. We truly are lucky to work with the people of Nepal.

In this report, we are happy to share the progress of the work and the positive changes that we are seeing. From establishing more birthing centers to hiring more staff to placing more trained providers around Solukhumbu, it has been a busy and inspiring year. With every development, we continue to gain valuable insight and knowledge about Nepal, its people and communities, the challenges they face, and how to best direct our existing and future efforts to improve healthcare for women and children.

We are committed to continue working to provide the best for these people. They deserve it.



David Levy
Executive Director

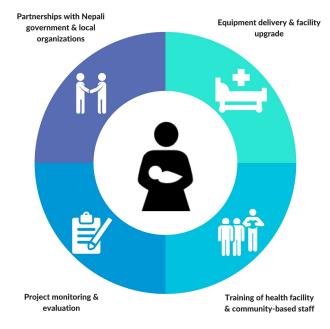


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# **Overview**

In Nepal, ensuring women, children, and newborns have access to high quality care when they need it poses many challenges. For the rural locations where we work, these difficulties are even more pronounced due to challenges in infrastructure, geography, and staffing. All this has led to a tradition throughout the years where delivering at home without any trained providers is the best option.

Through our partnership with local organizations, government officials, and community leaders, we are implementing a multifaceted program to provide these people with quality care and services that they want to use.







Clockwise from upper left: Anji at a meeting with community leaders; recently established birthing center with new equipment; Lakpa teaches about checking vital signs; Anji interviews a woman to learn about experiences with her latest pregnancy





# Activities and accomplishments

#### **Birthing Centers**

We established four more birthing centers, bringing the total that are fully operational to six.

#### **Skilled Birth Attendants**

Ten women completed a ten week training program to become Skilled Birth Attendants. They are now working in different areas of Solukhumbu.

#### **Training**

We trained 26 providers who work at 4 birthing centers and 2 hospitals. We also trained 27 community-based providers who work in 3 Village Development Committees.

#### Staff

We hired Lakpa Lama to assist with the work as the scope of our project has increased. He is originally from Solukhumbu, and we are excited to have as part of our team.

#### Monitoring

We continue to interview women who have recently delivered — both in areas we have started operations and in areas where we will be working — to learn about their experiences with pregnancy, labor, delivery, and the immediate post-partum period.

#### **Project Expansion**

Because every women should have access to quality care, we visited upper Solukhumbu to assess the current status of maternal-child-newborn care. Further, based off our results in Solukhumbu, we also visited Humla District to assess the potential for expansion of our work there. The community and officials were very receptive to our work and are eager to partner together.







Top to bottom: SBA attendees with training staff at course completion; Lakpa Lama talking to women in the community; Humla district

# **Project status**

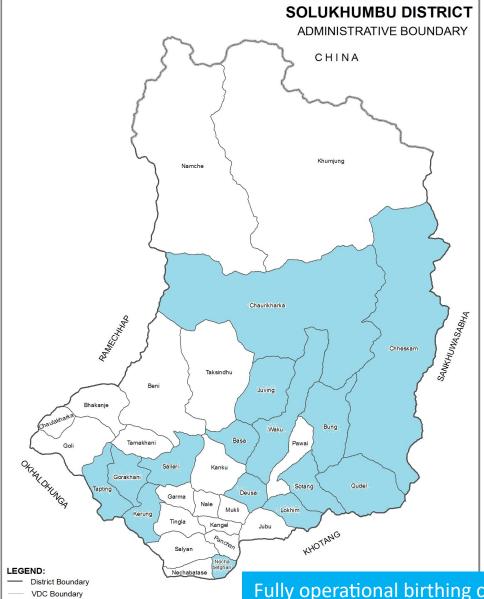
### Locations in Solukhumbu where work has been completed

## **Equipment delivered**

- Kerung
- Tapting
- Juving
- Chheskam
- Gudel
- Necha Betghari
- Chaulakharka
- Lokhim
- Sotang
- Basa

# **Birthing center staff** trained

- Kerung
- Tapting
- Bung
- Juving
- Chheskam
- Gudel
- Gorakhani
- Necha Betghari
- Chaulakharka
- Lokhim
- Sotang
- Basa
- Pawai
- Phaplu Hospital



# **Community providers trained**

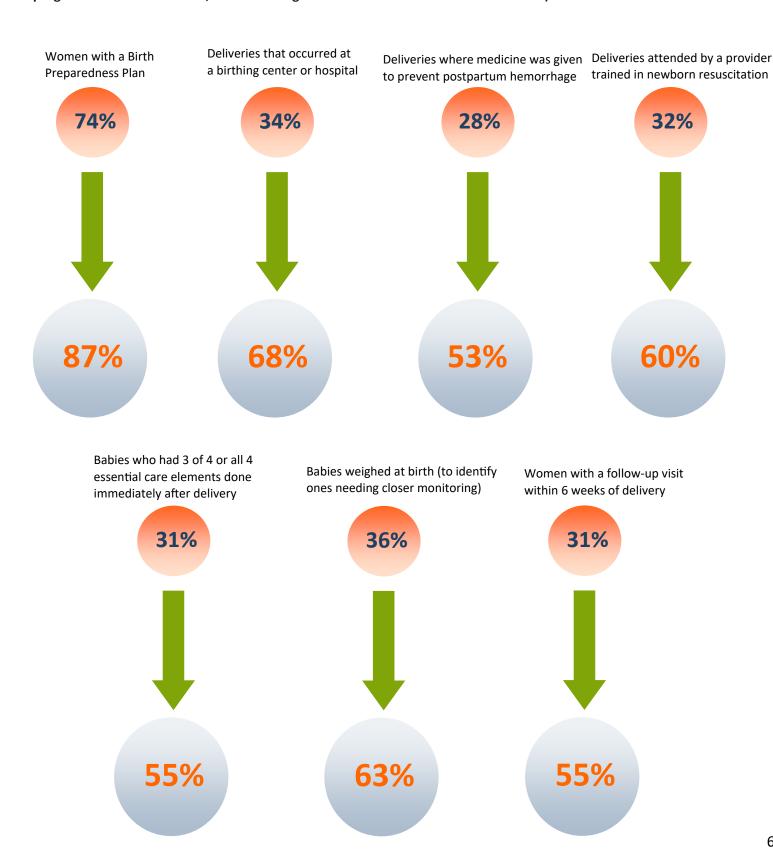
- Kerung
- Tapting
- Bung
- Chheskam
- Gudel
- Gorakhani
- Lokhim
- Sotang
- Sotang

# Fully operational birthing centers

- Kerung
- Tapting
- Gudel
- Chheskam
- Sotang
- Lokhim

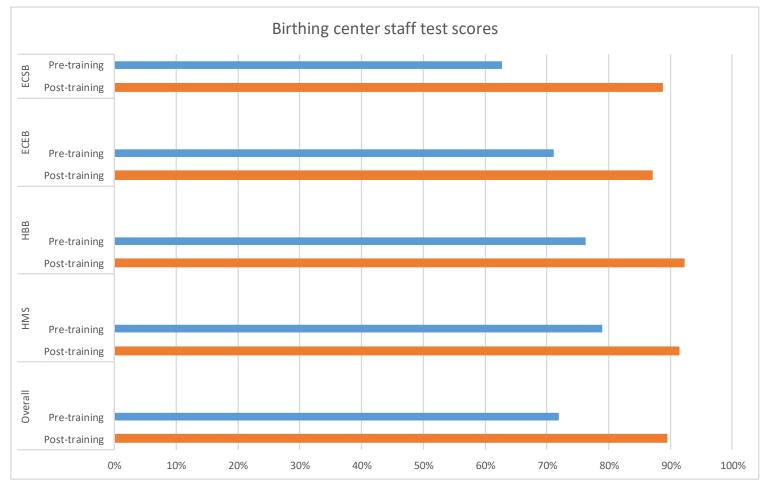
# **Outcomes**

Before we started our project, we identified many key indicators that we wanted to improve (which were in line with international guidelines). We are seeing improvement in almost every single one of them. Here are some numbers on the indicators that we think are important and are happy to share with you (numbers in orange circles are before our program started in that area, numbers in light blue circles are after our work started):



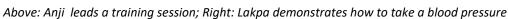
# **Outcomes**

As we train birthing center staff, we assess whether the training actually increases the knowledge and skills of the providers. These charts show that providers indeed are learning across all aspects of the training.



Test scores broken down by each program (ECSB: Essential Care for the Small Baby, ECEB: Essential Care for Every Baby, HBB: Helping Babies Breathe, HMS: Helping Mothers Survive) and overall







# **Next steps**

It is hard to believe that we are starting our third year of work in Solukhumbu. We are excited to continue working with the communities there as well as expanding our model to new areas. Here is what we have planned for Year 3.



Community-based providers with Anji and Lakpa after completing a

#### **SOLUKHUMBU**

- Establish 4 additional birthing centers
- Start building center where advanced maternal and neonatal (C-sections, respiratory support, etc.) can be provided for Eastern Solukhumbu
- Pilot project with "Family Rooms" at already established birthing centers for families who are waiting for and immediately after delivery
- Continue monitoring to assess outcomes, program efficacy, and community perceptions at locations with already established birthing centers
- Hire third worker for Solukhumbu



Locations of Solukhumbu (blue) and Humla

#### **HUMLA**

Humla District is located in the northwestern corner of Nepal. It is remote, rugged, and beautiful. Humla ranks at the bottom of Nepal's districts in terms of general development, and as a result, people have difficult lives, especially with regard to obtaining quality health care. In many ways, conditions are similar to Solukhumbu but even more extreme. We are excited to work with the local leaders and communities to improve the capacity and quality of health care. For this year, we plan to

- Survey recently delivered women to gain additional insights into their experiences with pregnancy
- Conduct first training for birthing center staff and community-based providers
- Establish 2 birthing centers with facility upgrade and equipment delivery (in addition to staff trainings)
- Upgrade capacity of Sotang District Hospital to provide advanced maternal and neonatal care



Members from our team with the leaders from a region in Humla

# THANK YOU SO MUCH FOR ALL OF YOUR SUPPORT!!!!







# Financials Revenue \$41,117.08 Expenses \$22,875.65 - Program costs \$22,642 - Administration \$233.65